Adaptive Lead Weighted ResNet Trained With Different Duration Signals for Classifying 12-lead ECGs

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Abstract

Introduction: We describe the creation of a deep neural network architecture to classify cardiac abnormality from 12 lead ECGs. The model was created by the team "between a ROC and a heart place" for the PhysioNet/Computing in Cardiology Challenge 2020.

Methods: ECGs were downsampled to 257 Hz and then set to a consistent duration by randomly clipping or zero-padding the signal to 4096 samples. To learn effective features, we created a modified ResNet with larger kernel sizes that models long-term dependencies. We embedded a Squeeze-And-Excitation layer into the modified ResNet to learn the importance of each lead, adaptively. A simple constrained grid-search was applied to deal with class imbalance.

Results: Using the bespoke weighted accuracy metric, we achieved a 5-fold cross-validation score of 0.684, sensitivity and specificity of 0.758 and 0.969, respectively. We scored 0.520 on the full test data, and ranked 2nd out of the 41 teams that participated in the challenge.

Conclusion: The proposed prediction model performed well on the validation and hidden test data. Such models may be potentially used for ECG screening or diagnosis.

1. Introduction

We consider the task of cardiac abnormality classification from 12-lead electrocardiogram (ECG) recordings of varying sampling frequency and duration. 12-lead ECGs are commonly used in clinical care to discern cardiac abnormalities such as arrhythmias, myocardial infarction, or coronary occlusion [1].

Each of the 12 leads correspond to the heart's electrical activity from a distinct angle, and can be mapped to the anatomy of the heart. A skilled interpreter can therefore use ECG signals from multiple leads to localise the source

of a cardiac abnormality.

In practice, human ECG interpretation is limited by the availability of a trained cardiologist and the time required to synthesize information from the 12-lead signal (and document findings). In the absence of cardiology experts, other clinicians may make preliminary interpretations, but are demonstrably less accurate [2].

Computer-aided interpretation has been suggested as one approach for circumventing these resource constraints, despite historical limitations in accuracy [3]. Modern deep learning methods may be able to improve interpretation accuracy. Until recently, the use of such techniques for 12-lead ECGs has been impractical due to the shortage of labelled training data. There remains room for improvement over initial promising results [4].

The release of a new large, labelled, multinational, 12-lead ECG data set as part of the 2020 Physionet Challenge [5] presents a unique opportunity to tackle multi-class cardiac abnormality detection.

We tackle the problem by developing a deep neural network architecture. Our architecture acknowledges the importance of the spatial relationship between the ECG channels by using a squeeze-and-excitation (SE) block. The SE approach was developed by Hu et al. who showed significant improvements over previous deep neural network architectures when introduced as part of the 2017 ILSVRC classification challenge [6].

2. Methods

Our objective was to create a model that could accurately classify 12-lead ECG recordings into multiple classes of 27 clinical diagnoses. Three pairs of classes were scored identically. For this task, we considered these pairs to be identical and simply combined identical pairs, so that only 24 classes were considered. As in clinical practice, recordings may have multiple diagnoses.

The data set used to train and validate the model consisted of 37749 12-lead ECG recordings from four different sites. A separate data set, that included data from a fifth site, was withheld for testing. The recordings were of varying frequency (257 Hz - 1000 Hz) and duration (6 s - 60 s). A very small selection (n=74) of the data set had a duration of approximately 30 minutes. Each ECG was associated with age and gender. A detailed description of the data and the classification task is presented in [5].

2.1. Data pre-processing

All ECGs were resampled to the minimum frequency of 257 Hz. To allow a fixed input size in the deep learning model, each ECG was set to be 4096 points, i.e. just under approximately 16 seconds. During training, we zero-padded shorter duration signals randomly to 4096 points. Likewise, we used a window with the length 4096 to randomly clipped longer duration signals.

We scaled age into the range [0,1]. Both age and gender were encoded using one-hot encoding, with two additional mask variables to represent missing values.

2.2. Model description

After obtaining the input signals, we designed an improved ResNet to assign the 12-lead ECG recordings into the 24 diagnostic classes. As shown in Fig. 1, the improved ResNet consists of one convolutional layer followed by N=8 residual blocks (ResBs), each of which contain two convolutional layers and a squeeze and excitation (SE) block (Fig. 2). Due to the fact that some samples have multiple classes of 27 clinical diagnoses, instead of using the softmax function in trditional classification problem, we assumed that each class was independent and used the sigmoid function for each output neurons to cope with this multi-task problem.

The first (convolutional) layer and the initial two ResBs units have 64 convolution filters. The number of filters increases by a factor of two for every second ResB unit. The feature dimension is halved after the max pooling layer, and the third, fifth, and seventh ResBs.

The improved ResNet has four modifications from the original ResNet [7]. First, we modified the final fully connected (FC) layer to incorporate patient age and gender. These two features were passed through another FC layer with 10 neurons prior to inclusion in the final layer. Second, we used a relatively large kernel size of 15 in the first convolutional kernel, and a large kernel size equal to 7 in the latter convolutional kernels. Previous work has shown that large kernel sizes are more helpful for networks to learn meaningful features [8]. Third, as shown in Fig. 2, we added a dropout layer with a drop out rate of 0.2 between two convolutional kernels in each ResB to reduce

the likelihood of overfitting. Finally, we added a SE block into each ResB depicted in Fig. 2. The SE block has been to model channel interdependencies, and in this case, we incorporate it to model the spatial relationship between the ECG channels. The SE block, introduced by Hu et al. [6] uses a multi-layer perceptron (MLP) with one hidden layer to calculate the importance of the channels. The parameter r=16 in Fig. 2 denotes the reduction factor, which controls the capacity of the MLP.

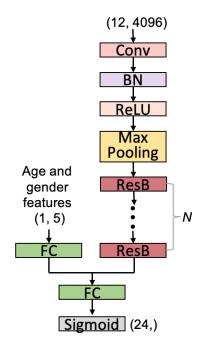


Figure 1. The proposed network architecture.

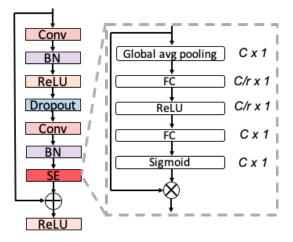


Figure 2. Residual block (ResB) and SE block.

The training error for this multi-task problem was average binary cross-entropy loss. The loss was optimised us-

ing the Adam optimizer with an initial learning rate 0.003. The learning rate was reduced tenfold in the 20th and 40th epochs, and the model was trained for in total 50 epochs with a batch size of 64.

2.3. Model evaluation

Five-fold cross-validation was used to assess the performance of the model. For the validation and test signals, we continued to zero-pad any shorter duration signals with fewer than 4096 samples. For signals longer than 4096 samples, we segmented the signals into multiple patches with a fixed overlap O=256, and the final overlap was adaptive to the length of the signal. An example with the length 10000 is depicted in Fig. 3. The number of patches, P, for a single signal can be formulated as:

$$P = \text{ceil}(\frac{L - 4096}{4096 - O}) + 1 \tag{1}$$

where $ceil(\cdot)$ rounds a number upward to the nearest integer. We used the mean probabilities from the P patches to classify the recording.

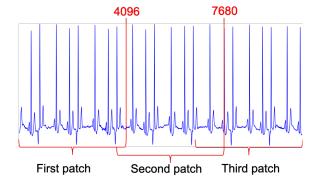


Figure 3. An example of segmenting the validation signals.

In addition to sensitivity and specificity, we report model performance using a bespoke metric, $s_{normalized}$, as described in [5]. This metric is a weighted accuracy that rewards incorrect classifications with similar risks or outcomes to the true class.

2.4. Threshold optimisation

Successful classification was heavily dependent on solving issues related to class imbalance. The training data suffered from significant class imbalance.

Kang et al. [9] previously suggested that accurate representation is possible even in the presence of class imbalance. If the representation is accurate, then strong classification performance may be achieved by adjusting the classifier. By separating representation and classification, we

avoid having to include extra class-balancing approaches such as data re-sampling.

For the single task problem, researchers often re-balance the decision boundaries of classifiers via normalizing the classifier weight norms. In our multi-task problem, we used a similar approach, attempting to adjust the decision boundaries of the classifier by optimizing the thresholds corresponding to each class.

However, searching for the joint set of optimal thresholds becomes intractable as the number of classes increases. The current problem would require searching in a 24 dimensional space, which we considered to be too time-consuming.

Instead, we designed a simple constrained grid-search method to optimize the thresholds relied on a basic assumption that each class is independent. This method consists of two steps: (1) Set the same thresholds to all the classes and search for the optimal thresholds in [0, 1] with a step 0.1; (2) Optimize each threshold in [0, 1] with a step 0.01 separately, when other thresholds are fixed (also called one cycle of coordinate descent).

2.5. Ensemble learning

To improve the robustness of the classifications, we created an ensemble of five models trained via five-fold cross-validation. The thresholds of each model was optimized by its split validation set, and ECGs were classified according to the majority vote.

Due to technical issues, the ensemble model was trained locally, but could not be trained and tested on the external challenge virtual machines. Experience in related domains suggests that the ensemble model performance would likely improve on the single model.

3. Results

The results of five-fold cross-validation results on the training data set and the intermediate test set are shown in Table 1. Our best performing improved ResNet with optimized thresholds for three completely hidden test set was chosen as the final submission resulting in $s_{normalized}$ =0.520 as the team "between a ROC and a heart place". From the results, we observe that threshold optimization plays an important role in improving the performance, especially for the bespoke metric. We noted that there was only a small difference between the online (intermediate test) and offline accuracy of the improved ResNet model with optimized thresholds. We therefore initially believed that the model did not overfit to the training data, but the subsequent final score suggests otherwise.

It is also worth mentioning that the final scores $s_{normalized}$ for three different hidden test sets were 0.845, 0.639, and 0.412, respectively. The first two hidden test

sets were from the same sites of the training sets, and thus their scores were higher. On the contrary, the last one was a totally hidden undisclosed set, and thus its score was much lower. That is, the improved ResNet failed to migrate from multiple data sets to a completely different data set effectively.

Table 1. Model Results with different thresholds using five-fold cross-validation. Sub1: an improved ResNet without any threshold optimization; Sub2: an improved ResNet with the thresholds optimized only by the step one; Sub3: an improved ResNet with thresholds optimized by constrained grid-search.

Method	Sens.	Spec.	$S_{normalized}$	Online Acc.
Sub1	0.599	0.986	0.630	0.607
Sub2	0.742	0.969	0.675	0.666
Sub3	0.758	0.969	0.684	0.672

4. Discussion

We have developed a deep learning model that accurately classifies 24 unique cardiac abnormalities from 12-lead ECGs. Our approach used a deep neural network architecture that combined an improved ResNet with an SE layer. The addition of the SE layer modeled the spatial relationship between channels. The improved ResNet learned the features effectively from the time series, as demonstrated by the model performance metrics. The approach ought to generalise well, given the size and heterogeneity in the training data set.

Like many other deep learning approaches, the results from the presented model are not easily explainable in the sense that we cannot determine the specific ECG morphology that results in a classification. It ought to be possible extend our model to accommodate better explainability via attention or learned prototypes [10, 11].

We further note that the upper bound on accuracy of the model is potentially limited by noisy training data labels. Methods that explicitly model uncertainty in the labels may lead to more robust performance.

Meanwhile, we also observe that the improved ResNet cannot successfully migrate from multiple training data sets to a completely different test data set. Thus, methods based on transfer learning and domain generation might be used to improve the transferability of models

In future work, we intend to improve model performance by first conducting cluster analysis of false classifications to determine common modes of failure. An ensemble approach using classifiers with hand-crafted features may then allow better prediction of such modes.

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